

School Newsletter Week 1, Term 2, 2021.

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7 May 2021 at 15:30

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7th May 2021

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Message from the Principal

"He kai kei aku ringaringa"

There is food at my hands,

I have the power to grow kai, create things and look after myself.

Welcome back to a very busy, enjoyable term that awaits us. I hope you all had a restful break and took the opportunity to spend some quality time with your loved ones and made the most of the good weather. There is definitely a nip in the air and winter is fast approaching.

Sadly, during the holidays, we were informed of the passing of Mr Warren Seastrand (ex-Principal of Glenfield College 1987 to 2001) after a battle with cancer. I had the pleasure of meeting Warren when he attended the school's 50th anniversary celebrations in 2019. He was a caring, passionate person with a positive outlook on life. There is no doubt he contributed significantly to Glenfield College during this time here. On Tuesday at assembly, long-serving staff member, Alastair Tod, read a citation of Warren's achievements, followed by a minute's silence in his honour.

The school has settled into the business of teaching and learning quickly and it is great to see a clear focus from both staff and students alike. By now, all students should have received their first set of academic results. This will help establish some baseline data to assist them in the year ahead as they work towards their goals set at the beginning of the year.

As stated at assembly on Tuesday morning, our focus at Glenfield College is exactly the same as a colleague of mine who's recently stated we are "educating young people to be the absolute best version of themselves." Quite simply, there is no better way of articulating what we are trying to achieve at Glenfield College, but as he also stated, the two most important ingredients are discipline and pride.

Two examples of discipline and pride were best seen in the last two weeks with 40 students having the privilege of attending the Outdoor Pursuits Centre (OPC) at Tongariro. If you haven't had the chance to view the photos and video, please see the story below on this. This was an absolutely outstanding experience that they will never forget.

Many thanks to all who supported the school and attended our annual Mother's Day Breakfast. It was fantastic to bring so many people together and hear the very wise words of Mrs Catherine Lobb who is experiencing her first Mother's Day this weekend with Harrison.

Finally, to all our staff and students involved with winter sport, we wish you the very best for the upcoming season which commences tomorrow. Sport is the glue that holds a school together and I am

delighted to see so many students committing themselves to sports such as netball, hockey, football and basketball. I look forward to seeing you on the sidelines throughout the season.

with Pride & Respect

MA MARUWEHI, KA RAHIRI
PAUL MCKINLEY, PRINCIPAL



Mother's Day Breakfast





On Thursday morning, Glenfield College celebrated the role that mothers and significant role models play in the lives of our students. It was a very special morning with grandparents, mothers and students hearing some fantastic words from guest speaker, Catherine Lobb (staff member and new mum). Special thanks must go to Ms Black and her team of students who helped prepare the breakfast. Please click [here](#) to see more pictures from the breakfast.

Staff Member Welcomed Back



For the past nine months, Ms Daniel has been at Te Kura Correspondence School working with students from Years 7 to 10 across all of the subject areas, with an emphasis on supporting students with specific learning disabilities through differentiated individual learning plans. She completed distance study last year and achieved a NZ Certificate in Teaching Individuals with Specific Learning Disabilities (SPELD). She is loving being back at Glenfield College and seeing so many warm familiar faces every day.

OPC Adventure



On April 25th, 40 students attended the Hillary Outdoors Pursuit Centre ("OPC") at the Tongariro National Park. There, students participated in many activities which challenged both their physical ability as well as their mind. OPC is dedicated to bringing the best out of students, for example, leadership skills. The 40 students were split into four groups. These four groups bonded and new friendships were made. OPC was a great opportunity for them to get out of their comfort zone with many students completing Meads Wall at the end of the expedition. At the end of OPC, students were driven back and had plenty of time to reflect on their proudest moments. A big thank you to Mr Anderson, Mr Mason, Ms Smith & Ms Williams for an amazing week! Click [here](#) to see more photos from the trip and [here](#) to view the video.

Project K



At the end of Term 1 and through the holidays, five students flew to Great Barrier Island for 21 days. Project K Community Scholarship has been developed by the Graeme Dingle Foundation to support the positive development of young people through experiential learning and mentoring. Programme facilitators identify, construct and facilitate learning as young people take part in new and challenging situations that are often outside their comfort zone. The young people face challenges during the Wilderness Adventure that create a sense of risk and unpredictability to build goal-setting, teamwork, perseverance, self-reliance, resilience and self-efficacy. While the students were there they took part in activities such as coasteering, rock climbing, steep creeking, sea kayaking, stayed in the bush in tents for eight nights, high and low ropes course and many other activities that helped them work in teams. All the students had a brilliant time and really enjoyed the opportunity to challenge themselves and receive support from others. One student said "Rock climbing was my favourite activity because I got the fastest time. I also really enjoyed the coasteering because we were jumping off the rocks into the cold water." Please click [here](#) for more photos.

AUT Presentation



On Tuesday, we had the first of our tertiary provider presentations by Jake from AUT. He outlined the wide range of subject areas on offer from the sciences to culinary arts. Presentations from the other main universities are also visiting throughout the year. Please see the Careers calendar for future dates.

SHINE Training 2021



On the last Wednesday of Term 1, Kieran Simmons and Madeleine Pasley from SHINE ran a course for the Peer Support Leaders with Ms Fan. SHINE (Safer Homes in New Zealand Everyday) is an organisation that specialises in helping survivors of abuse. SHINE aims to educate young minds in identifying, reducing, and being empathetic to victims of abuse. They promoted healthy and safe relationships using activities, discussions, and videos to help us understand what abuse looks like in New Zealand. Some activities covered the different types of violence including 'power and control'. We were also taught how to identify healthy and unhealthy behaviours in a relationship - an example of healthy behaviour is openly talking about problems so you can listen to, and respect each other's opinion. There were examples of how gender stereotypes can put pressure on people to act a certain way (such as toxic masculinity). One very important issue we covered was 'victim blaming' where the blame for the abuse is shifted to the victim from the abuser. We also learnt how sometimes the person can't just simply leave an unhealthy relationship — there are other factors involved. All of these topics were covered very well by Kieran and Madeleine who made these very serious issues engaging and clear to understand. We were glad Ms Fan organised this training for us.

Henry Croft - Year 12 student.

Upcoming Events

Whanau Hui

11 May
6pm - Wharekai

MoE Teacher Only Day

13 May

GLENFIELD
COLLEGE



Year 9/10 Parent/Teacher Meetings

Wednesday, 19 May
4pm to 7pm
Kaipatiki Theatre

Artwork of the Week



Coco Hu - Year 12 student.



This whakatauki reminds us that our body needs food and drink to refuel and function.

This fortnight, give some thought to your food and water and intake. Consider you could make your overall diet healthier by small changes.

He kai kei aku ringaringa

There is food at my hands
I have the power to grow kai,
create things and look after myself




When we are busy, our body needs food and drink to refuel and function. However when we are busy we rarely have time to think about eating healthily and our diets often take a turn for the worse when we are tired and stressed out.

How much do you know about Diet and Nutrition?

Take the School TV Quiz [here](#)

On [Glenfield College School TV](#), you will also find Interviews with leading Specialists on Healthy Eating.

Hydration is key!



KAIPĀTIKI SOUNDS
Kaipātiki Colleges Music Festival 2021

KS2019 rock band gets support from iconic Mentor, Mike Chunn


ENJOY OUR* TOP MUSICIANS AT BIRKENHEAD COLLEGE AUDITORIUM

*BIRKENHEAD, GLENFIELD AND NORTHCOTE COLLEGES

FRIDAY MAY 28TH - 7PM

\$10 GENERAL ADMISSION
\$30 VIP SEATS

Avoid door sale queues on the night!
Get your tickets now at Eventbrite 'Kaipatiki Sounds'

 [F/KaipātikiSounds](#)



Hockey.

The 1st XI Boys had a fantastic start to their 2021 season with a 5-1 win over Westlake Boys. Goals were scored by Braeden Fisher (2), Dylan Ravji, Henry Croft and Michael Ieriko (debutant). Well done to all the boys, especially those who were playing their first game for GC. We can't wait to see what the team can do as we build on this performance.

Ms O'Hara.



The 1st XI Girls played an awesome game. They stepped up to win the game 6-0 despite the fact we had several new players who, to their credit, got stuck in and really enjoyed themselves. The highlight of the match was Samantha Graham who scored 4 goals. I look forward to a very positive and fun season. A big thanks to Karen Croft who has offered to umpire for the team.

Ms Allaker.



Netball

The Netball Prems started the season with grading on Tuesday evening. After four 20 minute matches, they were graded into Open B. Well done girls. A big thank you goes to Ms Smith and the girls for committing to extra sessions over the holiday break. We look forward to the season ahead where the girls will be playing on regular Saturdays and a one-day tournament at Netball North Harbour on the

18th of May.



To follow @glenfieldcollegesport click below



To see the latest sports fixtures click below



Learning Support Department

Neurodiversity News

Awareness - Understanding - Accommodation - Celebration Neurodiversity is a term used to describe differences in the human brain. There are all kinds of brains and one type of brain is not better than another. At Glenfield College, we pride ourselves on embracing and celebrating neurodiversity.

What a boring world we would live in, if everyone processed the world around them in the same way!

Neurodiversity encourages a strengths-based approach. Whilst we all have things we find difficult, everyone also has areas of strength – their superpowers!



In this newsletter, we are focusing on Dyslexia.

Dyslexia is a learning difference that primarily affects the skills involved in *accurate and fluent reading, spelling and writing*. It is estimated that 1 in 10 New Zealanders has dyslexia.

For more information about dyslexia please visit: <https://www.dyslexiafoundation.org.nz/>

Understanding if someone has a difficulty in reading or spelling is very important in education, so we can effectively meet a student's needs. At Glenfield College, we utilise a range of strategies to help accommodate students that may have dyslexia. Sometimes students with Dyslexia prefer using a computer rather than writing or they might use speech-to-text apps on their phone to record their ideas. Audiobooks through the school or Auckland libraries is another great resource. In the classroom teachers at Glenfield College effectively use a multisensory approach in teaching so students can not only read but listen, watch and do hands-on activities to learn new concepts. The Learning Support Department offers a range of support to students both within and outside the classroom. In the senior years, students can apply for Special Assessment Conditions (SAC) to assist them with exams and internal assessments. It is equally important that we celebrate **strengths**. Someone with Dyslexia may also have several superpowers. For example, they may have exceptionally creative and inventive brains. For more information please visit <https://www.youtube.com/watch?v=CYM40HN82I4>. Did you know that the following people (all famous in their chosen fields) also have dyslexia? Tom Cruise (actor), Richard Branson (entrepreneur), Albert Einstein (Physicist)

For more famous people "Made by dyslexia" please visit: <https://www.madebydyslexia.org/>

WHAT ARE YOUR SUPERPOWERS?



Click [here](#) to view
the school calendar



WEARING IS BELIEVING

NZ UNIFORMS

Glenfield College Uniform Available from 'New Zealand Uniforms'

Store: 19A Douglas Alexander Pde, Albany

Phone: 09 477 6300

Email: albany@nzuniforms.com

Store Hours: Weekdays 9am – 5pm, Saturday 9am – 1pm

Web: www.nzuniforms.com

Payment Options:

NZ Uniforms accepts Cash, Eftpos, all major Credit Cards and WINZ payments. We also offer finance through Gilrose Finance, PartPay and have a 'Uniform Club' which is a great way to save for your School Uniform purchases.

'Uniform Club' :

It's easy, set up an account and make automatic payments (weekly, fortnightly or monthly) in advance and watch your balance grow. When you are ready to make your Schoolwear purchases with NZU, your money is already available and waiting to be spent! Call or visit the store today to get started.





Lunch Orders

HOW IT WORKS

STEP 1.
GO TO WWW.LUNCHORDERS.CO.NZ

STEP 2.
SIGN UP & PLACE AN ORDER

STEP 3.
YOUR STUDENT'S LUNCH WILL THEN
BE MADE FRESH & READY TO BE
PICKED UP AT LUNCHTIME!

WWW.LUNCHORDERS.CO.NZ

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